



Lesson Plan



Topic : Toothbrushing/Dental Health Demonstration


Date : Nov 25, 2022



Lesson Focus and Goals :

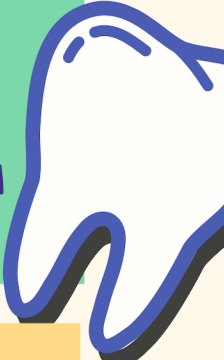
Demonstrate and teach students toothbrushing and flossing techniques.

Materials for mouth models:

- Toothbrushes
 - White yarn for floss
 - bottles to act as teeth
 - White paint to paint bottles as teeth
 - Pink and red construction paper
 - Hot glue gun + glue stick inserts
 - Yellow and brown Play-Doh
 - Scissors and/or box cutter
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Activities :

- Warm-Up/Discussion
 - Ask questions to test prior knowledge of oral health
 - Activities
 - Guided Practice
 - Tooth brushing and flossing demonstration using tooth brushing model
 - Independent Practice
 - Split students into ~5 groups to practice brushing and flossing on models
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Assessment :

- Come together as a group and have students volunteer to show the steps of brushing and flossing teeth on the model.
 - Pass out dental care kits and review the zines as a resource.
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